



*Empowering Women's  
Wellness – Naturally*

**Donielle Wilson, ND**  
Naturopathic Doctor

631.682.9190  
office@doctordoni.com  
www.doctordoni.com

## **Directions to the Manhattan Office at MetaCenter New York:**

**Address:** 214 W 29th Street, 16th floor, New York, NY 10001

The office is located at 214 W 29th Street (between 7th and 8th Avenues), on the 16th floor in the MetaCenter Office Suites.

**There is garage parking** directly across the street from the office entrance.  
**For subway travelers**, the #1 train is closest to the office.

On weekend days, there is a door person to let you into the building. If you need assistance entering the building for any reason, please call the MetaCenter directly at 212.736.0999.

When you come off the elevator, the front desk is to the right. When you arrive, please remove your shoes and place them on the shelves.

## **Directions to the CT office at the Center for Health Renewal:**

**Address:** 30 Myano Lane, Suite 26, Stamford, CT 06902

The office is located at 30 Myano Lane, on the second floor, in Suite 26.

**From highway 95 (coming from North or South)**, take exit 5 (Old Greenwich). When you exit, you'll make a right turn on to Post Road (also called Putnum Rd) to go towards Stamford. Continue past the Hyatt, through the next traffic light and partway down the hill. Make a left onto Myano Lane (no light; across from Block Buster).

The office is in a sand/tan colored building on your left. You may park in either the lot prior to the building, or after.

Take the elevator to the 2nd floor and Suite 26 is to your right.

**Train Directions to CT office:** If you are taking a train, go to [www.mta.info](http://www.mta.info), click on Schedules and choose: Metro North East to Old Greenwich Train Station. It is about 1 hour from Grand Central Station. After you arrive at Old Greenwich Station, then call the Stamford Taxi at 203.325.2611. You may have a 15-20 minute wait, then it is only a 5 minute taxi ride to the office at 30 Myano Lane, Suite 26, Stamford, CT 06902.

### LOCATIONS

New York City 214 W 29th, 16th Floor - New York, NY 10001  
Port Jefferson, NY 317 Thompson Street - Port Jefferson, NY 11777  
Greenwich Area, CT 30 Myano Lane, Ste 26 - Stamford, CT 06902



*Empowering Women's  
Wellness – Naturally*

**Donielle Wilson, ND**  
Naturopathic Doctor

631.682.9190  
office@doctordoni.com  
www.doctordoni.com

## **Directions to Dr. Doni's Home Office in Port Jefferson:**

**Address:** 317 Thompson Street, Port Jefferson, NY 11777

### **Directions from the West (Brooklyn, Queens, NYC & Nassau County):**

Take the Long Island Expressway to Exit 62 North. Exit 62 North will also say Stony Brook and/or Nicholls Road. Hit your mileage counter as you exit the expressway and enter Nicholls Road North. Follow Nicholls Road all the way to the end (9.7 miles). At the end of Nicholls Rd, make a right on to 25 A.

From that point, downtown Port Jefferson is 3 miles East on 25A. Continue straight at the first light, and go slightly left at the second light (following along the harbor). Continue straight past the ferry and up the hill. At the top of the hill, turn right at the stop sign on to Belle Terre Rd. Turn left at the next street, which is Thompson St.

My home office is located half way down Thompson Street, on the left. It is a red house with parking in front. Come right in the main door and I will greet you shortly.

### **Directions from the East:**

Take 25A East. It turns into Nesconset. Make a right on Route 112. This is a major intersection. (The signs may say to Port Jefferson or to 25A West). Head North on 112 until it ends. It will take you through Port Jefferson Station and Port Jefferson Village. At the end of Route 112 (Main Street) you will be at a yellow blinking light facing the harbor and ferry. Turn right (Broadway).

Continue East along the harbor, up the hill. At the top of the hill, turn right at the stop sign on to Belle Terre Road. Turn left at the next street, which is Thompson St.

My home office is located half way down Thompson Street, on the left. It is a red house with parking in front. Come right in the main door and I will greet you shortly.

#### **LOCATIONS**

New York City 214 W 29th, 16th Floor - New York, NY 10001  
Port Jefferson, NY 317 Thompson Street - Port Jefferson, NY 11777  
Greenwich Area, CT 30 Myano Lane, Ste 26 - Stamford, CT 06902